



**MIGHTIER™**

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**Filling The Gap from  
Increased Care Demand**

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# What is Mightier?

## Emotional regulation

- Predictor of child-well being
- Transdiagnostic: improvement across a wide range of diagnoses

## Game-based biofeedback

- Fun
- Evidence-based
- Backed by multiple clinical trials at BCH/HMS
- Ongoing NIH grant

## Immediate access and care

- Available to families within a week
- No wait times

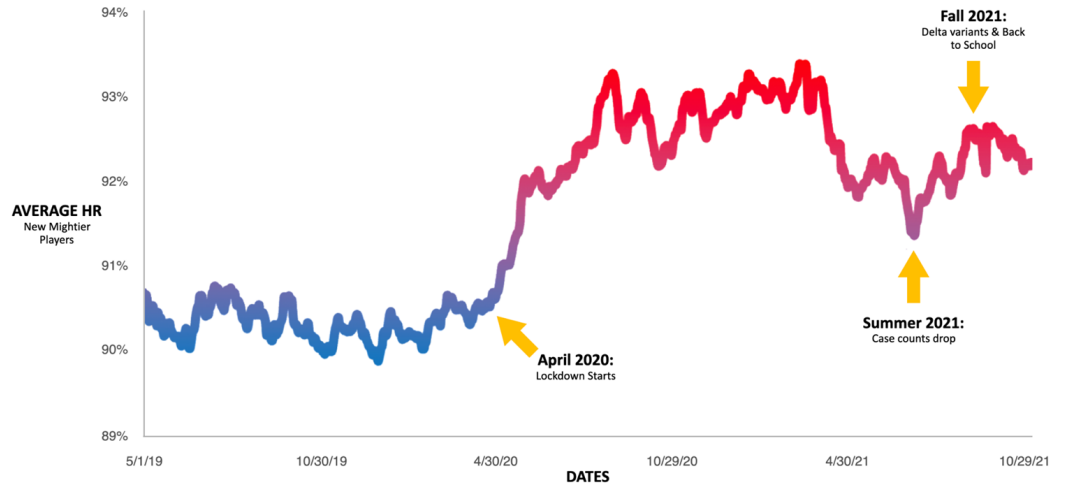
# The unheard voice of children through the pandemic

The COVID-19 pandemic has caused a significant increase in demand.

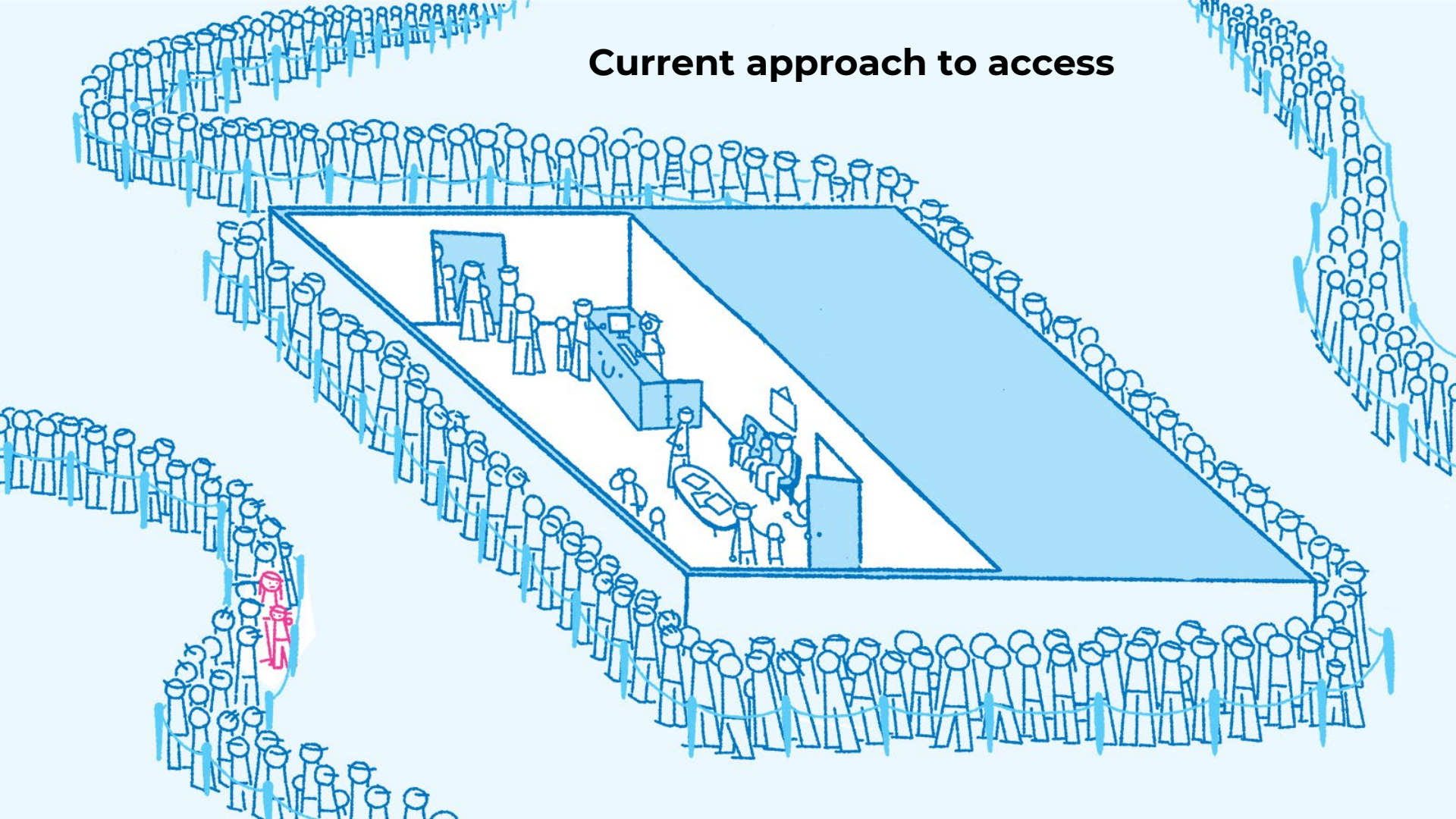
Kids bodies tell the hidden story.

The existing model cannot keep up.

**Children have struggled during the pandemic**  
Children have increased heart rates in tandem with the increased stress of the pandemic



## Current approach to access



We need access here



# How Mightier Works

1



Kids wear the Mightier Monitor while playing games.

2



Stress increases during play and the game becomes more difficult.

3



Calming techniques help kids "cool down."

4



When kids "cool down" they become more powerful.

# Bring behavioral health to a family anywhere in <48hrs

SIGN UP

ENGAGE

INTEGRATE

Member Outreach

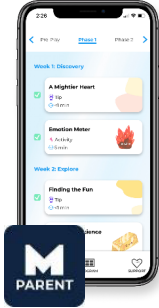
Download Parent App

Connect with our expert team

Unbox your kit

Practice 45m in per week

Bring clinician into your Care Circle



Jessica Ragino,  
MSW, LICSW  
[Chat with us](#)



Kit arrives in 2 days



Mightier Curriculum

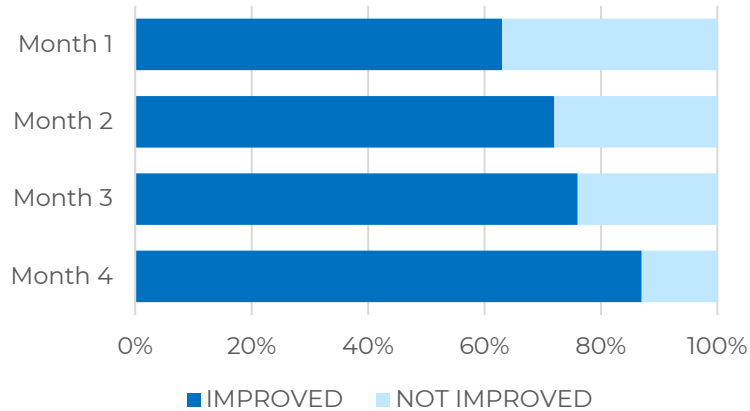


# Mightier for children without a diagnosis

Support member + reduce future need with early access to care

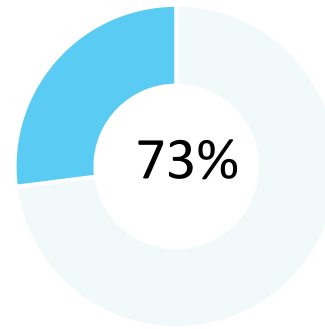
## Improved child behavior starts right away

% parents who report kid behavior improved



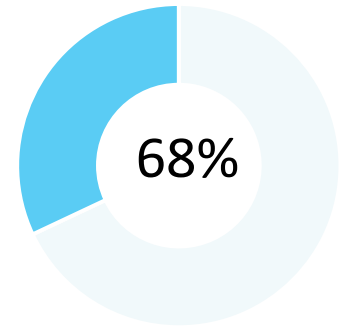
Mightier internal data based on surveys of >15,000 families

## Parents see results in first 3 months



of parents report less conflict<sup>1</sup>

1. Mightier internal study



of parents report less stress<sup>2</sup>

2. Boston Children's Hospital RCT

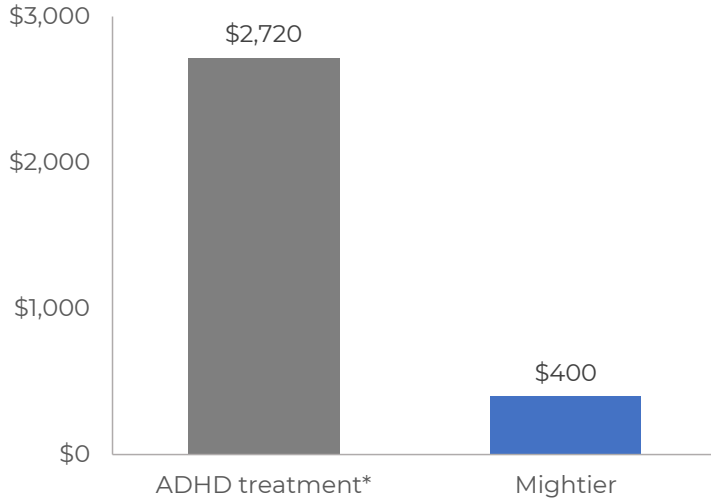


# Mightier for kids with ADHD

Bridge to care and/or in conjunction with care to improve outcomes and lower total cost of care

## Lower Annual Cost

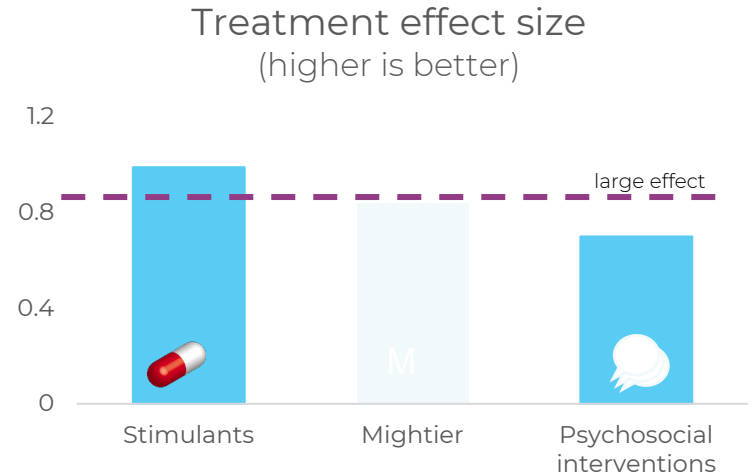
Standard Treatment vs Mightier



\*American Academy of Child and Adolescent Psychiatry, estimated the annual costs of caring for ADHD

## Comparable Outcomes

Standard Treatment vs Mightier (3 months)



Lambez, B., Harwood-Gross, A., Golumbic, E. Z., & Rassovsky, Y. (2020). Non-pharmacological interventions for cognitive difficulties in ADHD: A systematic review and meta-analysis. *Journal of psychiatric research*, 120, 40-55.

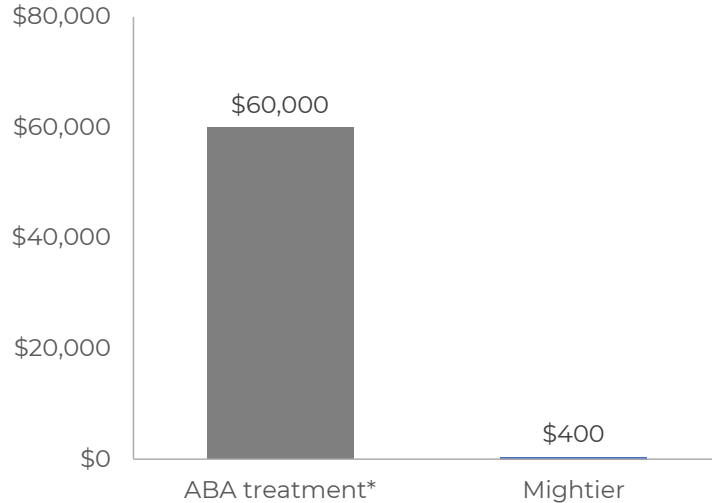
Faraone S. V. (2009). Using Meta-analysis to Compare the Efficacy of Medications for Attention-Deficit/Hyperactivity Disorder in Youths. *P & T: a peer-reviewed journal for formulary management*, 34(12), 678- 694.

# Mightier for kids with Autism

Better outcomes for minimal investment

## Lower Annual Cost

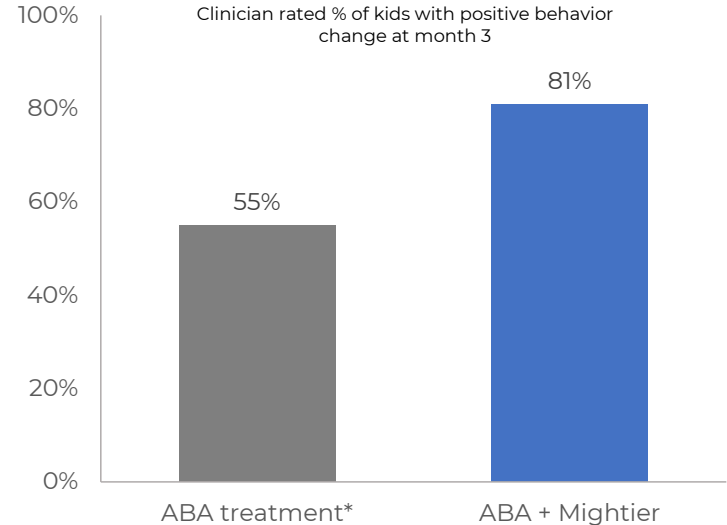
Standard Treatment vs Mightier



\*Beacon Health total care estimates

## Faster Clinical Improvement

Standard Treatment + Mightier



\*Results from 3 month controlled study conducted with Magellan health (n=74)



# We want to work with you!

1. Add evidence-based care options for your patients
2. Help define how digital care can drive access and lower costs

